

## HFA Dress Code Policy

Please keep the following information to reference when you have a question about the dress code on a particular day. The following information will be required of every student who attends Holy Family Academy. Please read this policy carefully so that you are sure to have the necessary clothing needed for the school year.

A reasonable dress code supports the goal of self-esteem, neatness and good grooming. Evidence is available which shows that young people are apt to succeed more when self-esteem is uplifted by a good personal appearance. There are also other clear practical considerations. Students behave better, are spared unnecessary peer competition in dress, and saved from the indecision of wondering what to wear each day when there is a fair dress code in effect. The school has attempted to provide a dress code that is both flexible and suitable to our purposes. Parents are expected to assist the school in encouraging their son/daughter to abide by the dress code.

*Our dress code will be enforced. Students who do not conform to the HFA Dress Code will face consequences for not adhering to the policy. I feel our dress code has become loose in how our students have followed it over the last school year and as a staff we need to do a better job monitoring it.*

**School Uniforms** – The school uniform is worn most days of the school year. This is a mandatory uniform for both boys and girls, which consists of the examples listed below. There is no deviating from these guidelines.

### **Girls – Grades K-8**

- White/Navy long sleeve or short sleeve polo shirt embroidered with the Holy Family Academy logo. Shirts are to be tucked in.
- Navy blue V-neck pull over sweater or cardigan sweater embroidered with the Holy Family Academy logo
- Khaki/Navy uniform pants or shorts. Shorts may be worn during the following time periods: August-October and April-June
- Khaki/Navy skort
- Grades K-4 may wear plaid jumpers purchased at Flynn O’Hara or Lands End
- Grades 5-8 may wear plaid skirts purchased at Flynn O’Hara or Lands End
- White/Navy/Tan socks or tights
- Brown/Black/Navy/Tan school shoes. Sneakers are permitted on assigned gym days, spirit days or dress down days ONLY.

### **Boys – Grades K-8**

- White/Navy long sleeve or short sleeve polo shirt embroidered with the Holy Family Academy logo. Shirts are to be tucked in.

- Navy V-neck pull over sweater or cardigan sweater embroidered with the Holy Family Academy logo
- Khaki/Navy uniform pants or shorts. Cargo pants/shorts are not allowed. Shorts may be worn during the following time periods: August-October and April-June
- Tan/Navy uniform socks
- Brown/Black school shoes. Sneakers are permitted on assigned gym days, spirit days or dress down days ONLY.
- On Liturgy days, Grades 6-8 are required to wear a white dress shirt (short or long sleeve) with a button-down collar, a tie of their choice, khaki pants/shorts and a belt. Shirts are to be tucked in at all times.

### Pre-K Uniforms

- Pre-K uniforms consists of the HFA gym uniform. Please see the gym uniform section for specifications.

### Gym Uniforms – All Students

- HFA logo short sleeve navy gym t-shirt
- HFA logo navy sweatpants
- HFA logo navy shorts. Shorts may only be worn during the following time periods: August – October and April – June
- Any HFA purchased sweatshirt with the HFA logo on it
- Sneakers and white socks
- At no time are students permitted to wear athletic tights under their shorts

**Spirit Days** – Two spirit days will be scheduled each month. These days are designed to allow students to show their school spirit by wearing HFA logo clothing.

- Any long sleeve or short sleeve shirt with HFA logo on it may be worn
- Any sweatpants or spirit pants with the HFA logo on it may be worn
- Any sweatshirt with the HFA logo on it may be worn
- Jeans, yoga pants, leggings or athletic tights (under shorts) are NOT ALLOWED to be worn on Spirit Days

**Dress Down Days** – Dress down are used as rewards for students throughout the year. On these days, students may wear their favorite clothing to school. All clothing must be appropriate in size and style for the school setting. **NO skirts/dresses of an inappropriate length, tight fitting stretch or yoga pants, low neck shirts or dresses, halter tops, or tank tops are allowed**

to be worn. Any sleeveless dresses or tops must have a sweater worn over it during the school day. Jeans are allowed on dress down days.

Dress Up Days (Birthday/Picture Days) – During the school year there are days where students may be out of the normal school uniform but are still required to dress up. These days include birthdays and some picture days. On these days, students are allowed to wear the following:

- Dress pants of any color
- Long sleeve or short sleeve dress shirt or blouse of any color
- Sweater of any color
- Knee length skirts, dresses or shorts for girls
- Jeans, sweatpants, and yoga pants are NOT allowed on dress up days. No skirts or dresses of inappropriate length, as well as low neck shirts or dresses, halter tops or tank tops

In addition the following dress code will be applied:

- Boys must be clean shaven; their hair must be clean, neatly combed, and cut above the collar and behind the ears and eyebrows must be visible.
- Girls may not wear makeup or excessive jewelry. Piercings (other than traditional earrings) are not permitted. Boys may not wear any unusual jewelry – no earrings or necklaces (which are visible). Boys may not wear pierced jewelry of any kind. Hats may not be worn in the building.
- Unusual haircuts and/or hair color are not permitted for boys or girls.

**The following items will be enforced so please be aware:**

- Sweatshirts or hoodies are **NOT** permitted during regular school uniform days in class unless the teacher gives special permission to the students. Sweatshirts/hoodies will be allowed during dress down days and spirit days **ONLY.**
- Yoga Pants and leggings are **NOT** permitted at any time.
- Polo shirts and dress shirts **MUST** be tucked in at all times.
- Clothing **MUST** be of appropriate length and fit.
- Sneakers are **ONLY** permitted during gym days, spirit days and dress down days.
- At **NO** time are athletic tights to be worn under shorts.